

## **Beautiful world, where are you?**

Once pristine, beautiful and untouched nature has changed into dirty, polluted and contaminated environment - rubbish on the ground everywhere I look, landfills full of waste, global warming rising higher than ever. Not just the natural environment that is affected but also our social lives, which are making our world look hideous.

Walking around my school, along the streets, around the city, all I see is humans glued to their phones, acting as if the real world did not exist around them. Not only is staring into screens bad for our health and eyesight, but also for us, humans, who are becoming less sociable. Is this a new, real world, which we are expected to adapt to? Is it still common to discuss our daily lives? Has picking up the phone and playing games become the new mainstream of our lives instead? I find it absolutely heart-breaking knowing our world has changed for the worse.

Instead of spending the afternoon on modern technology that does us and our health no good, why not try something different for a change. Perhaps we could see our friends (yes, in real life, not over the phone) and explore the nature, visit new places that we haven't seen before, look for some secret corners, which might not have been discovered yet.

Instead of spending our time, energy and money on that new PS5 console game, why not devote all that to conservation charities? Instead of buying new clothes and shoes just because they are on sale, why not use the ones we already have first? It's easy to get caught up in our material-driven societal expectations and become selfish with our time, money, and resources. Manufacturing goods is one of the many causes of greenhouse gas emissions blanketing our planet. In case you aren't aware, this leads to global warming and climate change, which greatly affects many animals, such as polar bears - yes, those polar bears that you are reposting out of your pity on social media to show everyone what conditions they live in. But what you do not realise is that you are also the cause of their habitat being destroyed, and just by reposting pictures, you are not doing much to help.

Remember your early years, when you went hiking through the forest with your family. How amazed were you at breath-taking views and high trees reaching up the sky? When did you last go through that forest, or any forest in general? Are those trees still mighty and do they still reach so far up the sky? Our forests are being cut down at an alarming rate. We are wasting more paper than we should. Why not start protecting trees by conserving paper? Why not send an e-mail instead of a letter ... - technology is all around us anyway.

We – children and teenagers are the future of this world. In our spare time, why don't we volunteer at local schools and spread our knowledge on how we can save the planet, so that everybody can follow in our footsteps and start making changes before it is too late. We should lead by example to inspire others.

Why not strive to make our world a better place again? We all want the same thing, so why not all act together and take action to improve and make our world beautiful again, as it once was?

I have already done something to help our world. Have you?

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